

The Facial Treatment

Based on your consultation, Amy will customize The Facial Treatment with the following:

- Double Cleansing
- Pressure Point Face Therapy
- Scalp & Neck Therapy
- Treatment Mask
- Hand & Arm Massage

The Face Treatment (½hr)	£20
The Face Treatment (¾hr)	£25
The Face Treatment (1hr)	£30

For appointments and further information please contact:

Amy Lawrence

BTEC National Diploma in Beauty Therapy
Aromatherapy Diploma
ITEC Diploma in Indian Head Massage

Amy qualified in Beauty Therapy in 1997 & then went on to train in Aromatherapy in 1998 & Indian Head Massage in 2003.

For a professional treatment in a relaxed and tranquil environment call:

07875 738855
amy@forget-me-notbeauty.co.uk
www.forget-me-notbeauty.co.uk

Located at:

7 Barnaby Road
Bishops Cleeve
Cheltenham
GL52 8FB

Please note I'm only able to accept cash or cheques.

PRICE LIST



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Hands & Feet

All Manicures and Pedicures include nail & cuticle tidy, hand & arm or foot & leg massage.

File & Polish	£10
Manicure	£17
Pedicure	£20

Chip free, extended wear colour. High shine with zero dry-time.

ASP Gel Manicure	£17
ASP Gel Pedicure	£20

Electrolysis

Using “blend” Electrolysis this combines the traditional method of Electrolysis with Diathermy Electrolysis to give a thorough and more effective treatment.

10mins	£8
15mins	£10
30mins	£15

Hopi Candles

This pleasant and non-intrusive treatment of the ears offers calming benefits from many problems associated with the ear, nose and throat. This deeply relaxing and soothing treatment can help with headaches, compacted ear wax, tinnitus, anxiety, balance problems, snoring, colds and more.

45mins	£25
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Eyes

If having tinting for the first time you will need to have a patch test 48hrs prior to the tint.

Eyebrow Shape	£8
Eyelash Tint	£10
Eyebrow Tint	£7
Eyelash & Eyebrow Tint	£15
Eyelash Perm	£25
Eye Perm & Tint	£30

Massage

De-stress or de-toxify with either a

Full Body massage (1hr)	£30
Back Neck & Shoulder (½hr)	£20

Using Aromatherapy oils blended specifically for your massage this treatment takes account of the mind, body and spirit, and can help with a wide variety of ailments.

Full Body (1¼hrs)	£37
Back Neck & Shoulder (¾hr)	£25

A relaxing and de-stressing massage to the upper back, scalp and face which provides relief from aches and pains, headaches and migraines.

Indian Head Massage (¾hr)	£25
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Self Tan

Achieve a natural looking tan without the harmful sun exposure. A full body exfoliation precedes the application of moisturizing self tan to achieve even coverage and a long lasting tan.

Self Tan (1hr)	£30
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Waxing

Using Tea-Tree products which will soothe and soften the skin helping to prevent in-growing hairs.

Half Leg	£14
Full Leg	£20
Full Leg & Bikini	£24
Half Leg, Underarm & Bikini	£27
Bikini	£12
Brazilian	£22
Hollywood	£27
Underarm	£10
Forearm	£10
Full Arm	£14
Lip	£7
Lip & Chin	£10
Chest or Back	£15